



January 2025

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Please limit submissions to 500

The Scoop

My Higher Power

By: Neil B., A.A 2012

My Higher Power and I want to understand you
In my mind how to define You
Will I know of your Presence
What is the feeling of Your essence
Is it true do you exist?
If so without you will I desist?
I created all of my own Problems
Now I look to You to help me solve them
I always sought to feel Your guide from above
And all I had to do was look in me for Your love
In this my darkest hour
Please embrace me my Higher Power.

- Neil B., A.A. 2012
(2014 Issue)

Resentment Solutions

Early in my sobriety it seemed that not many things were going MY WAY! This made me fearful and Resentful. Not having made much of a contact with the Principles of the Program, I was pretty much bouncing off the walls most of the time and could see no

direction. My solution was simple,...go to lots of meetings. In my private time, I had lots of it, no job, I was reading the Big Book several times a day and talking to my Sponsor. I saw all the stuff about fear and really got into fear when the book told me that Resentments actually have the power to kill!!

As the years have passed, resentment solutions have come along that seem to work!! I am still here 35 years later and very much alive and smile a lot more than I frown. Some of my favorite solutions are;

1. The Lords prayer said slowly helps me forgive others.
2. The axiom of Step 10...'when I react, there's something wrong with me' , makes me look at my motive for reacting
3. Prayer of St Francis...'help me understand rather than be understood' .
4. Say "Thy will be done" as many times as necessary until I calm down.
5. Decide to go home and sleep on the problem before taking action

6. Write a few short lines about 'my part' of the problem.
 7. Go work with a newcomer.
 8. Talk to my Sponsor
 9. Try to see the point of view of the other person, not only mine.
 10. Ask myself; How important is it?
 11. Go to a meeting and share in 3 minutes the Problem and my Solution
 12. Try to be helpful to the person who did you wrong.
- By: Arne P., A.A. 1976
(January 2012 Issue)

Calendar of Events

Central Office Intergroup Meeting-1st Thursday of the month at Central Office @7pm
Roundup Meeting-1st Sunday each month @5:30, Grange
H&I Meeting- 2nd Sunday each month @10am, Friends of Bill
District 7 Meeting- 2nd Monday each month @ 630, Grange Hall

Step 1

“We admitted we were powerless over alcohol—that our lives had become unmanageable.”

Who cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds

into such an obsession for destructive drinking that only an act of Providence can remove it from us.

No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.

We know that little good can come to any alcoholic who joins A.A. unless he has first accepted his devastating weakness and all its consequences. Until he so humbles himself, his sobriety—if any—will be precarious. Of real happiness he will find none at all. Proved beyond doubt by an immense experience, this is one of the facts of A.A. life. The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered.

When first challenged to admit defeat, most of us revolted. We had approached A.A. expecting to be taught self-confidence. Then we had been told that so far as alcohol is concerned, self-confidence was no good whatever; in fact, it was a total liability. Our sponsors declared that we were the victims of a mental obsession so subtly powerful that no amount of human willpower could break it. There was, they said, no such thing as the personal conquest of this compulsion by the unaided will. Relentlessly deepening our dilemma, our sponsors pointed out our increasing sensitivity to alcohol—an allergy, they called it. The tyrant alcohol wielded a double-edged sword over us: first we were smitten by an insane urge that condemned us to go on drinking, and then by an allergy of the body that insured we would ultimately destroy ourselves in the process. Few indeed were those who, so assailed, had ever won through in singlehanded combat. It was a statistical fact that alcoholics almost never recovered on their own resources. And this had been true, apparently, ever since man had first crushed grapes.

The 1st Tradition

“Our common welfare should come first; our personal recovery depends upon A.A. unity.”

The unity of Alcoholics Anonymous is the most

cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, “What a great thing A.A. might have been!”

“Does this mean,” some will anxiously ask, “that in A.A. the individual doesn’t count for much? Is he to be dominated by his group and swallowed up in it?”

We may certainly answer this question with a loud “No!” We believe there isn’t a fellowship on earth which lavishes more devoted care upon its individual members; surely there is none which more jealously guards the individual’s right to think, talk, and act as he wishes. No A.A. can compel another to do anything; nobody can be punished or expelled. Our Twelve Steps to recovery are suggestions; the Twelve Traditions which guarantee A.A.’s unity contain not a single “Don’t.” They repeatedly say “We ought. . .” but never “You must!”

First Concept:

Final responsibility and ultimate authority for A.A. world services

should always reside in the collective conscience of our whole fellowship.

Alcoholics Anonymous has been called an upside-down organization because the “ultimate responsibility and final authority for. . . world services” resides with the groups — rather than with the trustees of the General Service Board or the General Service Office in New York. In Concept I, Bill traces how this came to be. The first step in 1938 was “the creation of a trusteeship,” first called the Alcoholic Foundation, renamed in 1954 the General Service

Board. Why? To perform the services the groups could not do for themselves: e.g., uniform literature, uniform public information about A.A., helping new groups get started, sharing with them the experience of established groups, handling pleas for help, publishing a national magazine, and carrying the message in other languages and in other countries. A service office was formed to carry on these functions under the board’s direction. Both the board and the office looked to the co-founders, Bill and Dr. Bob, for policy leadership.

WordPuzzle

A	R	E	M	O	R	S	E	H	U	F
A	L	L	E	R	G	Y	B	R	N	D
D	C	I	W	M	H	N	A	S	M	B
M	U	B	S	Z	U	Y	B	O	A	A
I	D	E	X	C	M	B	S	B	N	N
T	M	R	L	T	B	R	O	R	A	K
T	H	A	R	O	L	D	L	I	G	R
E	I	T	G	K	E	W	U	E	E	U
D	C	I	F	H	S	M	T	T	A	P
A	P	O	W	E	R	L	E	Y	B	T
Z	P	N	G	M	B	D	A	X	L	C
R	A	P	A	C	I	O	U	S	E	Y
P	O	W	E	R	L	E	S	S	H	R
U	J	B	O	T	T	O	M	Q	T	P

ADMITTED, POWERLESS, UNMANAGEABLE
LIBERATION, SOBRIETY, ALLERGY
BOTTOM, ABSOLUTE, BANKRUPTCY
RAPACIOUS, HUMBLE, IMMENSE

January 2025 Office Manager Report

	Jan - Nov	Dec	YTD Total
Sales of Goods	\$43,983.85	\$3,244.77	\$47,228.62
Expenses	(\$61,921.59)	(\$5,919.05)	(\$67,840.64)
Cost of Goods	(\$31,409.31)	(\$1,223.34)	(\$32,632.65)
Contributions	\$40,506.71	\$4,280.47	\$44,787.18
Net Income	(\$8,840.34)	\$382.85	(\$8,457.49)



Contributions

Group	Jan - Nov	Dec	Total
A Gathering of Women	\$796.25		\$796.25
AM/Mid-Day Mod	\$6,391.07	\$1,801.86	\$8,192.93
Anonymous	\$3,402.44	\$282.85	\$3,685.29
Any Lengths Group	\$0.00		\$0.00
AV Hospital	\$484.00		\$484.00
AV Men's Stag	\$1,551.48	\$277.45	\$1,828.93
AV Roundup	\$0.00		\$0.00
AVYPAA	\$0.00		\$0.00
Birthday	\$383.00	\$11.00	\$394.00
Cal City Clubhouse	\$0.00		\$0.00
Crown Valley Group	\$3,172.68	\$61.00	\$3,233.68
Daily Reflections	\$130.41		\$130.41
District 7	\$271.49		\$271.49
Faithful Fiver	\$1,544.00	\$52.00	\$1,596.00
High Desert BB Grp	\$6,348.91	\$242.00	\$6,590.91
Intergroup Fundraisers	\$4,533.00	\$263.00	\$4,796.00
Into Action	\$304.80		\$304.80
Joe & Charlie Book Study - Alano	\$200.00		\$200.00
Lake Hughes Group	\$520.36	\$133.85	\$654.21
New Beginnings	\$0.00		\$0.00
Open Door	\$200.76	\$178.71	\$379.47
Open Participation	\$0.00		\$0.00
Palmdale Grp	\$796.65		\$796.65
Palmdale Mon Noon 12 & 12	\$375.00		\$375.00
Pearlblossom Grp	\$100.00		\$100.00
PM Mod	\$575.58	\$79.00	\$654.58
Quartz Hill Unity Grp	\$1,824.74	\$488.75	\$2,313.49
Rainbow Grp	\$547.02		\$547.02
Recovery @ The Ranch	\$429.80		\$429.80
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$47.00		\$47.00
Sat AM Men's Stag	\$102.08		\$102.08
Step Workshop Meeting	\$168.00		\$168.00
Sun Love & Tolerance	\$5.00		\$5.00
Sun Night BBS	\$463.00		\$463.00
Thursday Night Step Study	\$0.00	\$27.00	\$27.00
Tuesday Topic Mtg - Alano	\$77.00		\$77.00
Unity Group	\$0.00		\$0.00
Wed Night BBS	\$362.00	200	\$562.00
Westside Grp	\$201.00		\$201.00
Women in Recovery	\$0.00		\$0.00
Women Seeking Serenity	\$290.00	\$67.00	\$357.00
Sober Sisters	\$0.00		\$0.00

Digital Contributions \$3,908.19 \$115.00 \$4,023.19

Carla H.	1/25/2022	3	Tony F.	1/23/2005	20
Boyd C.	1/23/2022	3	Michelle P.	1/15/2003	22
Kevin W.	1/1/2022	3	Jackie O.	1/17/2002	23
Andy M.	1/27/2021	4	Spencer	1/29/2002	23
Darcia J.	1/23/2021	4	Juan L.	1/1/2001	24
Marlene J.	1/29/2017	8	Randy H.	1/19/2001	24
Belinda T.	1/9/2016	9	Nonna W.	1/21/2000	25
Rich M.	1/9/2016	9	Tyrone C.	1/18/2000	25
Lynn Z.	1/6/2014	11	David S.	1/21/1999	26
Katie D.	1/19/2014	11	Jeanne C.	1/10/1999	26
Valerie D.	1/30/2014	11	Sheila G.	1/15/1999	26
Chaz	1/7/2013	12	Little Joe	1/3/1998	27
Jenni J.	1/6/2013	12	Shalaby B.	1/6/1998	27
Kelli D.	1/24/2013	12	Dan P.	1/7/1997	28
Tina R.	1/12/2013	12	Daneen D.	1/4/1997	28
Deborah A.	1/14/2012	13	Harvey S.	1/21/1997	28
Doug H.	1/10/2012	13	Tony V.	1/6/1997	28
Jennifer C.	1/13/2012	13	Barrv O.	1/13/1995	30
Josie	1/4/2012	13	Dawn Marie	1/14/1995	30
Nicole S.	1/21/2012	13	Jan H.	1/13/1995	30
Patty T.	1/17/2012	13	Ruth Lewis	1/18/1995	30
Rav E.	1/21/2012	13	Teresa P.	1/2/1995	30
Terrance C.	1/1/2012	13	Melvin B.	1/7/1994	31
Dave K.	1/29/2011	14	Ralph L.	1/20/1994	31
Jennifer M.	1/28/2011	14	Nani	1/12/1993	32
Jessica Z.	1/31/2011	14	Dan H.	1/15/1992	33
Kim G.	1/12/2011	14	Dave L.	1/2/1992	33
Michelle S.	1/15/2011	14	Mike G.	1/23/1992	33
Morena	1/1/2011	14	Robert H.	1/1/1992	33
Ross W.	1/31/2011	14	Sharon G.	1/15/1992	33
Steve T.	1/31/2011	14	Kathy M.	1/27/1991	34
Tanya S.	1/10/2011	14	Sue M.	1/21/1991	34
Bob D.	1/1/2010	15	Tess H.	1/4/1991	34
Kevin K.	1/12/2010	15	Janis P.	1/8/1990	35
Kristin E.	1/10/2010	15	Mark C.	1/1/1990	35
Nico O.	1/15/2010	15	Bob K.	1/24/1989	36
Robert V.	1/7/2010	15	Jennifer S.	1/10/1989	36
Henry	1/18/2009	16	Martha D.	1/22/1988	37
Terry M.	1/29/2009	16	Mike S.	1/20/1988	37
Jenni J.	1/5/2008	17	Scott H.	1/30/1988	37
Jim B.	1/2/2008	17	Steve W.	1/29/1988	37
Lisa Marie W.	1/2/2008	17	Diane V.	1/17/1987	38
Nancy T.	1/21/2008	17	Rav M.	1/2/1987	38
Turhan D.	1/3/2008	17	Margaret R.	1/4/1986	39
John O.	1/22/2007	18	Steve S.	1/29/1986	39
Rennie T.	1/20/2007	18	Rick B.	1/13/1985	40
Robert W.	1/29/2007	18	Steve I.	1/23/1985	40
Rose L.	1/3/2007	18	Aurora	1/5/1984	41
Soraveh J.	1/8/2007	18	Christine M.	1/7/1984	41
Susie B.	1/2/2007	18	Tom C.	1/10/1984	41
Jill M.	1/16/2006	19	Sandy M.	1/31/1983	42
Jim A.	1/4/2006	19	Mike J.	1/18/1981	44
Sandi P.	1/1/2006	19	Ellen B.	1/29/1980	45
Eddie G.	1/18/2005	20	Ken S.	1/19/1980	45
Jack F.	1/15/2005	20	Vito	1/15/1980	45
Monique J.	1/3/2005	20	Svbil	1/19/1968	57
Ruth M.	1/2/2005	20			

Get your groups birthday list to Central Office
... That's how they appear here!

TOTALS \$40,506.71 \$4,280.47 \$44,787.18

Total Years = 2,657

Managers Corner

Happy New Year everyone!! Start the year off right by making a commitment to be a Faithful Fiver. It's a great way to show your gratitude for all that AA has done for you!

Thank You Saturday Volunteers!!

1st ~ Larry W. & Kurt H.
2nd ~ Wendy W. & Vacant
3rd ~ Nonna W. & Vacant
4th ~ Carmen R. & Vacant
5th ~ Stephanie S. & Vacant

Thank you for allowing me to be of service!!

Jeff H.

Don't forget to visit us on the Web!

